



Principal: Penny Wilde

# CANTEEN MENU

## 2020 Term 1



**OPEN** Wednesdays & Fridays



Payments for cash and EFT are now processed at the Finance Window.

Orders can be placed on the QKR! App anytime at your convenience but on the days the Canteen is open orders need to be placed on QKR! by 9.00am.



**Government of South Australia**  
Department for Education

24 Vanstone Ave  
Morphett Vale SA 5162

Phone: 8326 0900  
Fax: 8326 3526

E-mail: [dl.1059.info@schools.sa.edu.au](mailto:dl.1059.info@schools.sa.edu.au)  
Website: [www.pimpalaps.sa.edu.au](http://www.pimpalaps.sa.edu.au)

**Pimpala Primary School lunches are prepared in our own kitchens. Lunch Orders must be placed no later than 9.00am on the Qkr! App all other orders by 9.15am via the finance window**

**Green**

Choose Plenty

**Amber**

Select Carefully

Wholemeal bread (sandwiches) and low GI rolls are from Bakers Delight - no butter is included unless requested.

## SANDWICHES & ROLLS

		G/FREE Sandwich	SANDWICH	ROLL
Buttered		\$2.00	\$1.50	\$2.00
Cheese – Fresh, Toasted or Hot		\$2.50	\$2.00	\$2.50
Ham (GF) & Cheese – Fresh,		\$3.50	\$3.00	\$3.50

**Add Tomato, Lettuce, Carrot or Cucumber for an additional .40c each**

## GARDEN SALAD

Lettuce, tomato, cucumber, carrot and cheese **\$4.00**

**Add Fresh Chicken or Ham (Gluten Free) for an additional .60c**

**Add Mayo dressing for an additional .30c**

## WRAPS

Half Size

Full Size

Fresh Chicken	with lettuce, carrot, tomato, cheese & mayo	\$4.00	\$6.00
Ham	with lettuce, carrot, tomato, cheese & mayo	\$4.00	\$6.00
Salad Wrap	with cucumber, lettuce, carrot, tomato, cheese & mayo	\$3.50	\$5.00

**Add Sweet Chilli Sauce for an additional .30c**

**Add Sour Cream or Salsa for an additional .50c**

## GLUTEN FREE HOT FOOD

Pasta Bake Junior Serve	with cheese & napolitana	\$4.50
Pasta Bake Senior Serve	with cheese & napolitana	\$5.50
Sausage Roll (Please indicate <b>GF</b> when ordering)		\$4.00
Hash Brown nuggets (Baked)	Gluten Free, Dairy Free	10 for \$1.00
Hash Browns Each (Baked)	Gluten Free, Dairy Free	\$1.00

**Add Gluten Free Tomato Sauce or BBQ Sauce for an additional .30c each**

## HOT FOODS

Veggie Burger	Lettuce & Mayo		<b>\$4.50</b>
Chicken Burger	Lettuce & Mayo		<b>\$4.50</b>
Cheeseburger	Cheese & Sauce		<b>\$4.00</b>
Hot Dog with Tomato Sauce			<b>\$4.00</b>
Nachos	Salsa, Cheese, sour cream		<b>\$4.50</b>
Pasta Bake Junior Serve	with cheese & Napolitana sauce		<b>\$4.00</b>
Pasta Bake Senior Serve	with cheese & Napolitana sauce		<b>\$5.00</b>
Penne Bolognese	with Bolognese Pasta Sauce & Cheese		<b>\$4.50</b>
Penne Bolognese	with Bolognese Pasta Sauce & Cheese		<b>\$5.50</b>
Potato Wedges	oven baked		<b>\$4.00</b>
Chicken Goujons (nuggets)	oven baked		<b>60c ea</b>
Fish Fingers	oven baked		<b>60c ea</b>
Hash Brown nuggets	oven baked		<b>10 for \$1.00</b>
Hash Browns Each	oven baked		<b>\$1.00</b>
Lite'n Up meat Pie – 180g			<b>\$4.20</b>
Lite'n Up Sausage Roll – 120g			<b>\$3.80</b>
Lite'n Up Snack Pie – 46g			<b>\$1.50</b>
Garlic Bread			<b>\$1.50</b>
<b><u>WEDNESDAY SPECIAL ONLY</u> – 6" Inch MARGARITA PIZZA</b> Topped with Olive Oil, Garlic, Parmesan and Mozzarella Cheeses (Add Chicken and/or Ham for an additional .60c each)			<b>\$3.00</b>

### **Additional Condiments can be added to the above items excluding the Pizza**

Sauce - Tomato, BBQ, Mustard or Sweet Chilli	30c each
Extra fillings - Tomato, carrot, cheese	40c each
Sour Cream, Salsa	50c each

# MEAL DEALS

**\$7.50**

Chicken, Veggie,  
Cheese Burger.  
or  
Hot Dog

**\$7.00**

6 Goujons  
or  
6 Fish Fingers

**\$7.00**

Half a Wrap  
Chicken  
Or  
Ham

Plus your choice of a *Jelly, Fruit Juice* or an *Oak Lite Flavoured Milk*





## DRINKS

UHT Harvest Fresh Fruit Juice 250ml	Apple or Apple & Blackcurrant		<b>\$2.50</b>
Oak Lite Flavoured Milk	Banana, Chocolate or Strawberry		<b>\$3.00</b>
Water - 600 ml			<b>\$1.50</b>
Playwater			<b>\$3.50</b>

## COUNTER SALES

Available 12:50 - 1:10 pm

### ICE CREAMS

Paddle Pops (Chocolate or Rainbow)		<b>\$2.00</b>
Lemonade Icy Twist		<b>\$1.50</b>
Calippo Mini (Lemon and Raspberry)		<b>\$1.50</b>
Zing Yoghurt Fruit Sticks (Snappy)		<b>60c</b>

### SNACKS

Gingerbread People		<b>\$2.00</b>
Popcorn (Plain, Gluten Free, Vegan, Palm Oil Free)		<b>.50c</b>
Sea Salt or Honey Soy Chicken Red Rock Deli Potato Chips		<b>\$1.30</b>
JJ's		<b>\$1.20</b>



**Voucher items** - These items can be ordered with Lunch Orders.

Your child will receive a voucher with their Lunch Order, which can be redeemed between 12:50 and 1:10pm at the Canteen for the purchased item. Please note it is your child's responsibility to ensure this voucher is redeemed.

Pimpala Primary School follows the **DECD Right Bite Strategy**

**Canteen Manager: Kylie Nicholas**

Volunteers are appreciated on Wednesday & Friday mornings,  
if you would like to help for a few hours  
please contact the School Office for further details